Wellness Committee Meeting Minutes

December 1, 2016

The Wellness Committee met on December 1, 2016 at 2:00 p.m. Those in attendance were: Erin Hynick, Becky Roe, Susan Bayer, Mary McCrea, Dr. Dean Cook and Sherry Mattson. The meeting invitation was put on the school website on November 9, 2016. The meeting was led by the Food Service Director, Sherry Mattson.

The members reviewed the current policy. It was determined that language would be added about the Smart Snack regulations concerning the vending machines. Since all of the snacks do not meet the Smart Snack qualifications, that machine must be turned off during the school day, which is from midnight until one half an hour after the last bell. Since the 7th and 8th graders have access to the beverage vending machines, those machines can only hold water and 100% fruit juice. Since they do not, those machines also must be turned off during the school day.

It was determined that the “Best Choices” and “Good Choices” sections in Appendix A should be removed.

Ms. Mattson reported to the Committee that it would be a best practice to complete a Building Progress Report for each of the schools to monitor compliance with the Wellness Policy and the completion of goals. She will work with the Physical Education teacher in each school to complete the reports.

The Committee discussed implementing a new policy about sack lunches for field trips. Dr. Cook would like to have each school kitchen make a reimbursable sack lunch for each child that goes on a field trip instead of students bringing their lunches. Everyone agreed that this would be a best practice.

The Committee discussed reinstating the summer lunch program. It was determined that due to the amount of money that was lost supporting that program in the past, that this would not be a feasible idea.

The Committee all agreed to meet once a year.

Meeting adjourned.